

# Relief for diabetic skin conditions

**D**IABETIC dermatopathy is a skin condition commonly seen in patients with long-standing diabetes mellitus, with reported incidences among them ranging from 30% to 55%.

The condition is characterised by small spots or patches of brownish skin lesions, which usually occur on the lower legs.

The spots or patches are slightly scaly and are usually round or oval.

The condition is more commonly seen in diabetic patients above the age of 50.

However, if you are a younger patient with diabetes you can expect the lesions to occur within a time-frame of 10 to 20 years after the first diagnosis.

Although diabetic

dermatopathy does not require treatment, it may be an indicator of more serious complications of diabetes. Diabetic dermatopathy can also be a concern cosmetically as the brownish spots on the legs can be unsightly.

"I was worried and consulted a doctor as I was told the skin problem can become worse and progress to become a wound. My friends joked that I did not wash my feet well and my feet looked like they were covered in dirt. However, I cannot do much to get rid of the dark skin that is building up around my right foot," says Hooi Wei Yong, a patient with diabetic dermatopathy.



Hooi Wei Yong began to see improvements in her skin condition after using hydrolysed activated collagen and high concentration glycerine-based lotion.



Diabetic dermatopathy, a common condition in diabetic patients, is characterised by patches of brown skin.

"I was prescribed a lotion containing hydrolysed activated collagen with high-concentration glycerine and the lotion has helped me in regaining my original skin tone. I began to see the positive effects after a month."

Keeping your diabetes under control is the most important factor in preventing the skin-related complications of diabetes. This is possible by following your health care provider's advice regarding nutrition, exercise and medication.

Proper skin care can also help reduce your risk of developing skin-related problems.

In trials carried out at local hospitals, 10 patients (five men and five women) with the mean age of 50 were given one to two drops of hydrolysed activated collagen and high-concentration glycerine-based lotion to be applied daily on their legs.

"Though the skin conditions treated ranged from severe bilateral scalding dermatopathy to milder cases of dry skin, the changes have been remarkable," says Dr Harikrishna Nair, the chief wound physician presiding over the trials at the hospitals.

Hydrolysed activated collagen and high concentration glycerine-based lotion is proven effective in managing diabetic dermatopathy.

This article is brought to you by Soza Healthcare Sdn Bhd.

■ Look out for the advertisement in this *StarSpecial*.



www.soza.com.my

## Wound Healing Problems? Skin Problems?


(darkened, dry, scaly skin / calluses)

**Management of Skin Problems**



**Protects, Strengthens & Moisturizes The Skin**

**Management of Wounds & Ulcers**



**Speed Up Wound Closure**



**Contains Activated Hydrolysed Collagen. High Concentration Glycerin.**



This product is classified as a medical device.

Manufactured by:  
**Southwest Technologies Inc. USA**  
1746 Levee Road, North Kansas City, MO 64116.  
Tel: (800) 247-9951, (816) 221-2442  
Fax: (816) 221-3995

Sole Distributor:  
**SOZA HEALTHCARE Sdn Bhd** (1001759-X)  
Suite 305, Block C, Level 3, Phileo Damansara 1, No. 9, Jalan 16/11,  
Off Jalan Damansara, 46350 Petaling Jaya, Selangor D. E., Malaysia.  
Tel: 03-7931 9981 Fax: 03-7931 9983